

SHENANDOAH VALLEY

**BUY FRESH
BUY LOCAL**®



VIRGINIA COOPERATIVE EXTENSION • WWW.BUYLOCALSHENVALLEY.ORG

AUGUSTA, BATH, HIGHLAND, PAGE, ROCKBRIDGE,
ROCKINGHAM, SHENANDOAH, AND NEIGHBORING COUNTIES

FARMERS MARKETS



AUGUSTA

Augusta Farmers Market
Market dock (south end) of the
Augusta County Government
Center on Rt. 11, Verona
Susan Randall, 540-448-2364
www.safarmersmarket.com
April-October, Wednesdays
12 pm-5 pm

Staunton Farmers Market
Wharf Parking Lot Johnson Street
Staunton
Tom Womack, 540-448-1937
www.safarmersmarket.com
April-November, Saturdays
7 am-12 pm

Waynesboro Farmers Market
The Pavilion at Constitution Park
Waynesboro
Heidi Lanford, 540-649-4594
heidi@irisinn.com
April-October, Wednesdays
3pm-7 pm

BATH

Bath County Farmers Market
Lickety Splits Restaurant,
On Rt. 42 South
Millboro Springs
Donna Campagna, 540-997-0098
May-October, Saturdays
8 am-12 pm

HIGHLAND

Highland Farmers Market
The Highland Center
Spruce Street, Monterey
Scott Smith, 540-468-1922
farmersmarket@htcnet.org
June-September, Fridays
3:30 pm-6 pm

PAGE

Luray/Page County Farmers Market
North Broad Street Parking Lot
Luray
Stephen Painter, 540-843-3855
spainter@pagecounty.k12.va.us
Saturdays 9 am-1 pm
Locally Grown In-Season Produce and
Plants, Locally Made Baked Goods &
Arts/Crafts

ROCKBRIDGE

Lexington Farmers Market
Jefferson Street Parking Lot
Lexington
Sherri Huffer, 540-248-6904
shuffer@cfw.com
May-October, Wednesdays
8 am-1 pm

Orchardside Farmers Market
273 Raphine Road, Raphine
540-348-5220
Saturdays 9-1 until Sept. 27

ROCKINGHAM

Broadway Farmers Market
Corner of Atlantic & Main Street,
Broadway (held in parking lot)
Kent Armentrout, 540-833-2042
Seasonal Fruits and Vegetables,
Baked Goods, Homemade Jams,
Crafts

Harrisonburg Farmers Market
Municipal Parking Lot, South
Liberty Street, Harrisonburg
Josie Showalter, 540-867-0546
fourwinds54@verizon.net
www.harrisonburgfarmersmarket.com
Late March-mid December,
Tuesday & Saturday 7 am-1 pm



PRODUCE AUCTION

ROCKINGHAM

Shenandoah Valley Produce Auction, LLC
2839 Lumber Mill Road, Dayton
Richard Rohrer
540-879-2211, 540-879-2034
(No Sunday Calls, Please)
April - October, Most Tuesdays & Fridays
"The Auction Where You Can Buy or Sell" Apples, Broccoli, Cabbage,
Cantaloupe, Cauliflower, Cherries, Cucumbers, Green Beans, Sweet
Corn, Watermelons, Zucchini, Rhubarb, Potatoes, Pumpkins, Gourds,
Squash, Ornamental Corn, Fall Mums, Spring Flowers



WHAT IS A PRODUCE AUCTION?

- A way to wholesale market fresh vegetables, fruit, bedded plants, flowers, nursery crops, baked goods, and other farm fresh products.
- An actual call-out auction of wholesale produce where each grower and buyer has an identified number.
- The wholesale produce is picked for freshness and flavor; graded and packed in standard containers and sold by the box, pallet, or bin lots.
- The auction is directed to wholesale buyers such as owners of roadside stands, greenhouses, nurseries, farm markets, local and regional grocers, restaurants, and institutions.

FLOWERS / HONEY



ROCKINGHAM

Golden Angels Apiary
9103 Mt. Zion Road, Linville
Dennis & Neva Whetzel
540-833-5104
myangelsjewel@aol.com
Sell at Grocers, Farmstands, Farmers
Markets--Honey, Comb Honey, Wax,
Propolis, Pollen

Willow Spring Farm
5235 Grist Mill Road, Harrisonburg
Mary Jo Swartzendruber
540-908-5819
maryjoswartz@yahoo.com
Sells at CSAs, Downtown
Harrisonburg Farmers Market,
Restaurants--Cut flowers

ROCKBRIDGE

Whistle Creek Apiaries & A.B.Hilco, Inc.
440 Ebenezer Circle
Lexington
Garrett Moore
540-463-7732
ghmoore@hughes.net
Sells at Co-ops, Grocers,
Farmers Market
Honey, Beeswax, Honey Bee Nucs
and Queens



"It's Simply Practical and Delicious."



FARMSTANDS AND ORCHARDS

FREDERICK

Richard's Fruit Market

6410 Middle Road
Middletown
Mary & Eddie Richard
540-869-1455

www.valleymarkets.com
Sells On-Site, U-Pick, Farmstands,
(July-November)
Tomatoes, Squash, Peaches,
Apples, Beef, Honey, Apple Butter,
Flowers, Pumpkins, and more.

ROCKBRIDGE

Orchardside Farm

273 Raphine Road, Raphine
540-348-5220
Available beginning mid-July
U Pick--Blackberries and Raspberries

ROCKINGHAM

Liskey Sweet Corn

4617 S. Valley Pike
Harrisonburg
John Liskey
540-434-2196
patsyliskey@comcast.net
Sells On-Site (mid-July-October),
Shenandoah Valley Produce Auction
Sweet Corn, Watermelons,
Cantaloupes, Sprites, Tomatoes,
Pumpkins, Gourds, Peaches, Apples,
Green Beans

Lohr's Sweet Corn & Veggies/Lohr's U-Pick Pumpkins

10311 N. Valley Pike, Broadway
Matt & Andrea Lohr,
Gary & Ellen Lohr
540-896-8796, 540-896-8798
MJLohr71@aol.com
www.LohrsFarm.com
Sells On-Site, U-Pick (Pumpkins
September 15-November 1/Corn July
10-September 10), Restaurant
Seasonal Vegetables, plus Orchard
Grass/Bluegrass Mix Hay (round
& square bales), Pumpkins, Indian
Corn, Straw, Corn Stalks

Mulberry Hills Farm

6442 Cross Keys Road
Mt. Crawford
Jeff & Angela Phillips
540-234-9408
Pumpkinlady@earthlink.net
Sells On-Site, U-Pick, Open
September 1-October 31,
Dawn to Dusk Daily
Mums, Straw, Pumpkins, Gourds

Showalter's Orchard & Greenhouse L.C.

17768 Honeyville Road
Timberville

Shannon Showalter
540-896-7582
showaltersorchard@hotmail.com
Sells On-Site (March-December),
Grocers, Farmers Market,
Shenandoah Valley Produce Auction
Apples, Apple Cider, Apple Butter

Turkey Knob Apples

17581 Mechanicsville Road
Timberville
Jaime Williams or Michelle Gabb
540-896-3079/866-887-5662
mgabb@turkeyknobapples.com
www.turkeyknobapples.com
Sells Online/Mail Order (September-
February), Grocers, Farmstands
(September-December)
Apples, Peaches, Pumpkins

SHENANDOAH

Mowery Orchard LLC

24247 Senedo Road
Woodstock
Tom Bullock
540-459-8645
Sells at Farmstands
(April 1-December 20)
Asparagus, Tomatoes, Peppers,
Squash, Cucumbers, Cantaloupe,
Zucchini, Onions, Peaches, Apples,
Plums, Pumpkins, Gourds, Straw,
Corn Fodder, Herbs

Paugh's Orchard

5591 Senedo Road, Quicksburg
Harold or Ima Paugh
540-740-8028
Sells On-Site, U-Pick, CSA
April 1-November 30,
7 days/week, 9 am-6 pm
Tomatoes, Sweet Corn, Garden
Vegetables, Peaches, Apples,
Pumpkins, Gourds, Indian Corn,
Jams, Jellies, Honey

Shenandoah Farms Market

9354 Orkney Grade Road
Mt. Jackson
Allen & Debbie Sinclair
540-477-9792
(Market)/540-477-9794 (Farm)
farmmarket@shenandoahfarms.com
www.shenandoahfarms.com
Sells On-Site, Sunday 11 am-3 pm,
Monday 10 am-6 pm,
Wednesday-Friday 10 am-6 pm,
Saturday 9 am-5 pm
Seasonal Vegetables, plus Red
Chiles, Jalapeno Chiles, Red
Scallions, Berries, Melons, Beef,
Pork, Lamb, Ostrich, Buffalo, Goat,
Fresh Fish, Cheese, Coffees, Teas,
Jams & Jellies, Honey, Salsas,
Pastas, Pasta Sauces, Pizza Kits,
Special Seasonings, Baked Breads,
Snacks

GROCERS & FOOD CO-OPERATIVES



ROCKBRIDGE

Cool Spring Organic Market

800 S. Main Street
Lexington
Brad Eisold & Selena Anderson
540-463-6506
csom@rockbridge.net
www.coolspringorganicmarket.com
Sells On-Site, Monday-Saturday
8 am-7 pm & Sunday 9am-5pm
Chicken, Beef, Wine, Cheese,
Homemade Soups & Entrees,
Sandwiches, Breads, & Cookies

Healthy Foods Co-op

110 W. Washington Street
Lexington
Jo Parent
540-463-6954
healthyfoods@embarqmail.com
www.healthyfoodcoop.org
Sells On-Site, Monday-Friday
9 am-6 pm; Saturdays 9 am-5 pm
Seasonally - Everything from
Asparagus to Zucchini, Apples,
Pears, Strawberries, Rhubarb,
Blackberries, Cantaloupes,
Watermelon, Beef, Eggs, Cheese,
Shiitake Mushrooms, Maple Syrup,
Honey

ROCKINGHAM

Bridgewater IGA

519 N. Main Street
Bridgewater
540-828-3010

Friendly City Food Co-op

Harrisonburg
Noel Levan
540-383-7028
www.friendlycityfoodcoop.com
Coming in 2009!

Oriental Food Market

911 S. High Street
Harrisonburg
Cy Khochareun
540-432-6157
www.taste-of-thai.com
Monday-Sunday 9am-9pm

Red Front Supermarket

677 Chicago Avenue
Harrisonburg
John Garber
www.redfront.com
Monday-Saturday 7am-9pm

COMMUNITY SUPPORTED AGRICULTURE

AUGUSTA / ROCKBRIDGE

Cherry Ridge Farm

2715 Walkers Creek Road
Middlebrook
David Beebe
540-348-5107
cherryridgefarm@gmail.com
Sells at Co-ops, CSA--Wide Variety
of Vegetables, Eggs, Cheese



Dave & Lee O'Neill
540-810-2587
Leesturgis@yahoo.com
www.radicalroots.com
Sells at Charlottesville
City Market, CSA--Heirloom
Tomatoes, Salad Mix, Herbs, Variety
of Vegetables, Strawberries, Apples,
Blueberries, Eggs

ROCKINGHAM

Glen Eco Farm

10943 Will Creek Road
Linville
Marlin Burkholder
540-833-8802
glenecofarm@planetcomm.net
Sells On-Site, U-Pick, CSA,
Harrisonburg Farmers Market,
Restaurants, Co-ops, Shenandoah
Valley Produce Auction
Asparagus to Zucchini, Heritage
Red Raspberries, Hull Blackberries,
Rhubarb, Oriental Pears,
Strawberries, Elderberries, Beef,
Honey, Hay, Compost, Eggs

Radical Roots Community Farm

3083 Flook Lane
Keezletown

Season's Bounty Farm & CSA

4450 Cromer Road
Harrisonburg
Radell Schrock
540-908-5399
radellschrock@yahoo.com
Sells at Harrisonburg Farmers
Market, CSA--Unusual Tomatoes,
Colorful Peppers, Fresh Greens,
New Red Potatoes, Green Beans,
Fall Ornaments, Sugar Snap Peas,
Onions, Eggplant, Cantaloupe,
Watermelon

WHAT IS COMMUNITY SUPPORTED AGRICULTURE?

- Community Supported Agriculture (CSA) consists of a community of individuals who pledge support to a farm operation so that the farmland becomes the community's farm, with the growers and consumers providing mutual support and sharing the risks and benefits of food production.
- By making a financial commitment (and sometimes pledging a little volunteer work) to a farm, people become "members" of the CSA. In return, they receive shares in the farm's bounty throughout the growing season. The content of your CSA deliveries will likely vary from week to week depending on the produce your farm raises and variations in growing season for different vegetables. It's an affordable way to eat healthier and support the local rural economy.



SPECIALTY PRODUCTS

AUGUSTA

Bonny Venture

533 Knightly Lane
Mount Sidney
Kevin Hoschar
540-363-4348
kevinhoschar@mindspring.com
www.bonnyventure.com
Sells at Restaurants
Radishes, Specialty Greens, Snow Peas, Asian Greens, Cucumbers, Tomatoes, Kohlrabi, Raab, Garlic (Amaranth), Zucchini, Squash, Melons, Huckleberries, Alpine Strawberries, Gooseberries, Ground Cherries, Hen of the Woods, Shiitake

Cros-B-Crest Farm

Harry H. Crosby
540-886-9379
Crosby@rica.net
Available Spring, Fall & Christmas Season--Assorted Flowers

Green Fence Farm

Greenville
Nick & Kate Auclair
202-215-7868
info@greenfencefarm.com
www.greenfencefarm.com
Pure Bred Icelandic Sheep, Cashmere Goats, German Angora Rabbits, Vegetables, Eggs, Yarn & Wool, Chicken

Harvest Thyme Herbs

95 Chestnut Ridge Road
Staunton
Deidre & Phil Armstrong
540-324-0151
harvestthyme@earthlink.net
www.harvestthymeherbfarm.com
Sells On-Site, Online/Mail Orders, Grocers, Restaurants, Festivals, Craft Shows--Peas, Asparagus, Rhubarb,



Gourmet Salad Greens, Heirloom Soup Beans, Heirloom Tomatoes, Sweet/Hot Chiles, Garlic, Root Crops, Squash, Fresh-Cut Culinary & Ethnic Herbs, Dried Culinary Herbs & Herb Blends, Herbal Teas, Hot Pepper Jelly, Herbal Jellies, Lemongrass, Specialty Basils & Mints, Dried Tomatoes, Dried Chiles, Herbal Bath Salts, Fresh-Cut Lavender & Lavender Products, Culinary Gift Baskets, Catnip Mice, Catnap Beds, Sachets, Culinary Dip Blends

MeadowCroft Farm

404 Glebe School Road
Swoope
Bill & Judie Croft
540-886-5249
www.meadowcroftfarm.com
Pickles, Relishes, and Spreads Hand-Crafted from Heirloom Recipes

The Market Place (Contentment Farm)

Mike & Michelle Sandy

540-885-2016
Contentmentfarm@hotmail.com
Monthly Grocery Orders of Natural Food through Natural Food Coop, On-Site, Staunton Farmers Market
Heirloom Vegetables & Plants, Artisan Breads, Eggs, Hummus, Homemade Chocolate

ROCKBRIDGE

Pettijohns' Orchard

1618 Ridge Road
Raphine
Dennis or Karen Pettijohn
540-377-2323
kpettijohn@ntelos.net
Sells On-Site, Staunton Farmers Market--Chestnuts

Virginia Mountain Maple Products

3670 W. Midland Trail
Lexington
Rob & Judie Nelson
540-463-6668
Sells On-Site (Monday-Saturday 8am-5pm), Grocers, Lexington Farmers Market, Co-Ops--Green Beans, Tomatoes, Squash, Poultry, Maple Syrup & Other Maple Products, Eggs

ROCKINGHAM

A Bowl of Good

845 College Avenue
Harrisonburg
Katrina Didot
540-435-2674
abowlofgood@gmail.com
www.abowlofgood.com
Sells at Harrisonburg & Staunton Farmers Markets, Grocers, Restaurants--Frozen Soups, Bread, Artisan Salads

MEAT/POULTRY/DAIRY

AUGUSTA

Charis Eco-Farm

3081 Shutterlee Mill Road
Staunton
Guy & Sue Freesen
540-886-8486
charisfarm@yahoo.com
Sells On-Site, Harrisonburg, Lexington, & Staunton/Augusta Farmers Markets, Restaurants
Pastured Poultry Fed GM-Free Grain: (including Chicken, Turkey, Duck, Geese), Grassfed & Finished Beef, Pork on Pasture with GM-Free Grain, Sausage, Hams, Bacon, Grassfed Lamb, Pastured & Free-Range Eggs, Lettuces, Rhubarb, Fresh Herbs, Quiche, Granola, Mint Tea

Heartland Harvest

James & Miriam Showalter
540-885-7172
info@heartlandharvestfarm.com
Location: Springhill
Store Open 6 days a week--Wheat, Flour, Bread, Eggs, Beef, Pork, Lamb, Poultry

Polyface Inc.

43 Pure Meadows Lane
Swoope
Sheri, Teresa, Joel, & Daniel Salatin
540-885-3590
polyface@ntelos.net
www.polyfacefarms.com
Sells On-Site (Saturdays 9am-4pm), Grocers, Restaurants--Salad Bar
Beef, Pigaerator Pork, Pastured Broilers & Turkeys, Lumber, Eggs, Forage-Based Rabbits

Wheatland Farms

304 Cattleman Road
Swoope
Michael Godfrey
540-337-7588
piedm40@wildblue.net
Sells On-Site (Custom Sales), Grocers, Restaurants--Grassfed Beef

CLARKE

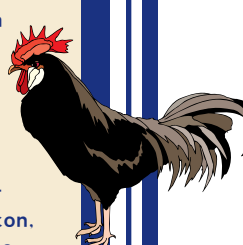
Virginia Lamb

229 Walnut Street
Berryville
Janet Childs
540-771-8575
janet@valamb.com
www.valamb.com
Sells Online/Mail Order, CSA, Grocers, Farmers Markets, Restaurants--Cuts of Lamb, Lamb Sausages, Frozen Lamb Entrees, Wool Socks, Other Wool Products

HIGHLAND

Against the Wind Ranch

245 Drifting Lane
McDowell
Sarah Chaney
540-396-4751
againstthewind@att.net
www.againstthewindranch.com
Sells Online/Mail Order
Natural Beef (Grassfed)



LOOK FOR THE LABEL & TASTE THE DIFFERENCE!

Enjoy delicious, fresh, locally grown food and help strengthen your local economy and community by purchasing foods marked with the Buy Fresh Buy Local label at neighborhood grocery stores and restaurants.

Strengthening the local economy and community in the Shenandoah Valley area by:

- Fostering a growing relationship among consumers, grocers, meat processors, restaurant owners, dining service staff, farmers, local government, and economic development officials.
- Connecting institutional food buyers to nearby farms and processors.
- Assisting local independent food and farm businesses to better communicate their positive impacts and influences on the local economy and community.



continued on next page



RESTAURANTS

These restaurants have demonstrated a commitment to using local foods in their dishes when possible.

AUGUSTA

Cranberry's Grocery & Eatery

7 South New Street
Staunton
Kathleen Stinehart
540-885-4755, 540-885-4757 (fax)
cranberry@ntelos.net
Monday-Saturday 7:30 am-4:30 pm

Newtown Baking & Restaurant

960 West Beverly Street
Staunton
540-885-3799
Tuesday-Friday 7:30am-5pm;
Saturday 8am-2pm

The Staunton Grocery

105 W. Beverly Street
Staunton
Ian Boden
540-886-6880
info@stauntongrocery.com
Tuesday-Saturday 5:30-9pm.
Sunday 5:00-8:00pm

ROCKBRIDGE

Bistro on Main

8 N. Main Street, Lexington
540-464-4888
Tuesday - Saturday
Lunch 11 am-2 pm; Dinner 5-9 pm

The Red Hen

11 E. Washington Street
Lexington
Opening August '08

ROCKINGHAM

Artful Dodger Coffeehouse & Cocktail Lounge

47 Court Square, Harrisonburg
Chris Clark
540-432-1179
cclark@artfuldodger.org
www.artfuldodger.org
8am-2am, 7 days/week

Blue Nile Ethiopian Cuisine

181 N. Main Street, Harrisonburg
Mickey Arefaine
540-432-NILE
bluenileec@gmail.com
Monday-Sunday 11am-2am

Cally's

41 Court Square, Harrisonburg
Mike Comfort
540-434-8777
mike@callysbrewing.com
www.callysbrewing.com
Monday-Saturday 11am-'til;
Sunday 10am-'til

Clementine

153 S. Main Street
Harrisonburg
Jeremiah Jenkins
540-801-8881

info@clementinecafe.com
www.clementinecafe.com
11am-Midnight, 7 days/week

Earth & Tea Café

120 S. Main Street
Harrisonburg
Aaram Millones
540-432-8280
earthandteacafe@gmail.com
Monday-Thursday 11am-9pm;
Friday-Saturday 11am-11pm

Joshua Wilton House Inn & Restaurant

412 South Main Street
Harrisonburg
Mark Newsome
540-434-4464
info@joshuawilton.com
www.joshuawilton.com

La Casita

270 Dingledine Lane
Dayton
540-879-2455
www.golookon.com

Little Grill Collective

621 N. Main Street
Harrisonburg
Kendall Whiteway
540-434-3594
littlegrillcollective@yahoo.com
www.littlegrillcollective.com
Tuesday-Friday 7am-9pm; Saturday
7am-3pm; Sunday 9am-2pm

Mrs. Hardesty's Tea Room LLC

212 S. Main Street
Harrisonburg
Margaret Shifflett
540-432-8942
mhshifflett@comcast.net
www.golookon.com
Monday-Saturday 9am-5pm

Taste of Thai

917 S. High Street
Harrisonburg
Tom Phonelath
540-801-8878
www.taste-of-thai.com
Monday-Thursday 11am-9:30pm;
Friday & Saturday 11am-10pm;
Sunday 11am-9pm

Thomas House Restaurant

222 Main Street
Dayton
540-879-2181

Village Inn

4979 South Valley Pike
Harrisonburg
Lorraine Weaver
540-434-7355
hlweval@aol.com
Breakfast: Monday-Saturday
7am-10am; Lunch: Monday-Friday
11am-2pm; Dinner: Monday-Saturday
5pm-8:30pm

DID YOU KNOW?

- Virginia annually loses over 45,000 acres of farm and forest land to development and land conversion.
- 54% of Virginia farms report a net loss of income.
- Virginia's direct obesity-attributable healthcare costs reached over \$1.6 billion in 2003.
- If each household in the 7-county central Shenandoah Valley region of Virginia spent \$10 per week on locally produced foods and farm products, it would generate \$75.3 million annual dollars of direct economic investment to our region's economy, farms, families, and communities!



THE MANY REASONS TO BUY LOCAL?

- *Buying locally produced foods safeguards your family's health and nutrition by allowing you to choose food from farmers and businesses you know and trust.*
- *Locally grown and produced foods are exceptionally fresh, delicious, and abundant. Local food often reaches your table within 24 hours of harvest.*
- *Buying local keeps your food dollars circulating in your community, strengthens your local and regional economy, and helps family farms and businesses thrive.*
- *Buying local protects the environment by minimizing the distance food travels from field to plate; reducing fossil fuel dependence, carbon dioxide emissions, and excessive packaging.*
- *Buying local preserves working farms and protects land that contributes to water quality and beautiful landscapes.*
- *Buying local food helps to make farming more profitable and selling farmland for development less attractive.*
- *Buying local food fosters self-sufficiency and is an investment in the strength and character of our community.*
- *Buying local is simply practical and delicious.*

**LOOK FOR THE LABEL AND
TASTE THE DIFFERENCE.**



This guide is a component of Virginia Cooperative Extension's and the Shenandoah Resource Conservation & Development (RC&D) Council's Shenandoah Valley Food, Farm and Community Initiative, and in cooperation with the Food Routes Network (www.foodroutes.org). The publication was made possible through Shenandoah RC&D grant funds and the generous financial assistance of community partners and sponsors, and in-kind support of community organizations.



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www.ext.vt.edu



www.shenandoahrkd.org

Shenandoah Valley



Produce Auction, LLC

2839 Lumber Mill Road

Dayton

Richard Rohrer

(No Sunday Calls, Please)

540-879-2211



WASHINGTON AND LEE
UNIVERSITY

Dining Services

diningservices.wlu.edu



VALLEY
CONSERVATION
COUNCIL

www.valleyconservation.org

FOR MORE INFORMATION on the Shenandoah Valley Buy Fresh, Buy Local chapter, obtain copies or be listed in this guide, please call Eric Bendfeldt at Virginia Cooperative Extension at 540-432-6029, visit www.buylocalshenvalley.org, or visit the state BFBL site at www.buylocalvirginia.org.



TOP OF THE CROP SPONSOR

TURKEY KNOB APPLES

www.turkeyknobapples.com

24-CARROT SPONSORS



T & E MEAT MARKET

256 Charles Street

Harrisonburg

Joe Cloud, General Manager

540-434-4415

joe.blueskies@gmail.com



STAUNTON GROCERY

Gracious Dining

105 West Beverly Street

Staunton

540-886-6880

info@stauntongrocery.com

IN-KIND SUPPORT

Additional oversight and in-kind support for BFBL Shenandoah Valley is provided by:

Harrisonburg-Rockingham
Healthy Community Council

Rockbridge Grown

Shenandoah Valley Local Food
Work Group

COMING
SOON!

VALLE DE SHENANDOAH

**COMPRE LO FRESCO
DE NUESTRA REGION**

VIRGINIA COOPERATIVE EXTENSION • WWW.BUYLOCALSHENVALLEY.ORG

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